
Short-to-medium span bridges - Need for standardisation of precast elements

S. S. Chakraborty, A. Bhowmick and P. Sivaji Patro

The paper lays emphasis on the urgent need for development of standard designs to encourage the growth of prefabrication in India, in response to the increased needs for improvements in quality and performance in bridge construction industry. The paper also presents an overview of prefabrication in other countries where mass produced precast beams are commonly used in bridges.

There have been numerous pioneering innovations in the field of bridge engineering over the last four decades in India. Prestressed concrete, which first came into practice about 40 years ago, is now the most common form of construction material for bridges. The present trend in India is to adopt prestressed concrete for spans of about 20 m and above. Reinforced concrete is generally used for short and medium span bridges upto 25 m span.

Use of structural concrete for short and medium span bridges is coming under closer scrutiny today as design engineers, contractors and owners strive to optimise, and achieve speedier construction along with long-term durability.

With the demand for rapid infrastructural growth in India, the construction industry would require a multiple choice in the selection of bridge components. The designer will be left with no other choice than to extrapolate the existing system to meet this demand. The precast concrete industry which is presently in its infancy in India, is ideally placed to accommodate these higher demands.

The objective of this paper is to highlight the need of developing standard designs adopting precast elements in order to encourage the precasting industry to grow from infancy. The paper also highlights in detail the salient design and construction aspects of precast elements adopted in other countries and compares with the present practice in India.

Present practice in India

In India, concrete is the most common material of construction for bridges, flyovers, and cross-drainage structures.



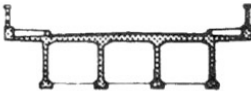

The main form of construction for spans of 3 m to 10 m is cast-in-situ reinforced concrete (RC) slab. For spans beyond 10 m, upto 25 m, RC - T beam and slab system using cast-in-situ construction is generally adopted. In urban flyovers, cast-in-situ concrete voided slab is a common structural form.

For spans above 25 m, prestressed concrete (PSC) T beam with in-situ RC slab type of construction is widely used, while for bridges and flyovers with longer spans, PSC box girders are the common forms.

The various structural arrangements and construction technologies generally adopted are shown in Table 1. It can be seen that in India, the precast elements are seldom used in bridge construction, in contrast to the global trend. This is mainly because of the policy of selecting the lowest bidder which has often not proved to be the most economical solution.

There have been limited progress in standardisation of analysis and design initiated by the Ministry of Surface Transport (MOST) (Roads Wing) for a few types of spans⁽¹⁾. The MOST standard designs are, however, developed essentially for cast-in-situ construction.

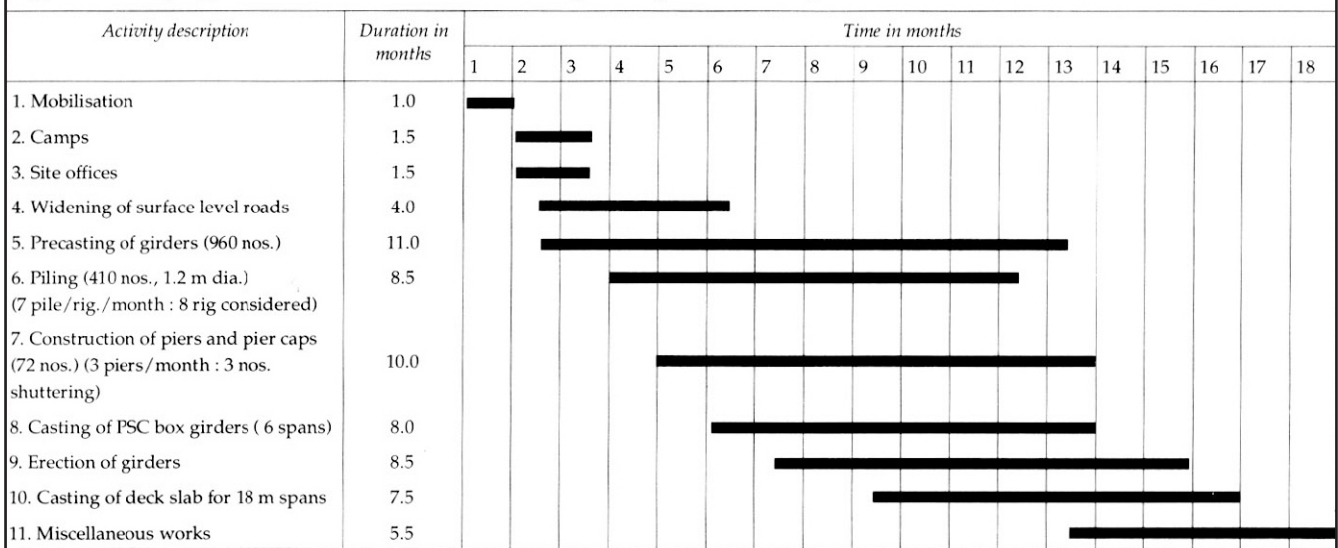
Though development of MOST standards have resulted in saving in design time and also ensured improved quality of design / detailing, the quality of construction at site in majority of the cases are found to be poor. The reasons for poor quality of construction could be many, such as use of poor quality of shuttering, poor mixing and placing of concrete, poor quality of supervision work at site, etc., especially for bridges located in remote areas.

Table 1. Typical cross-sectional arrangement				
Type of superstructure	Span range	Typical application	Method of construction	Remarks
 <p>RC slab bridge</p>	3.0 m - 10.0 m	Right/skew slabs for slab culverts, minor bridges for railways/highway in urban areas, hilly roads, underpasses, etc.	Cast-in-situ on staging, scaffolding.	In-situ construction is invariably used. The construction being labour intensive, is economical in India. MOST standard drawings are available for highway slab bridges. It is difficult to control the quality of construction in these bridges since mostly the work is entrusted to local contractors with little/no exposure to quality works
 <p>RC/PSC voided deck</p>	13.0 m - 25.0 m (For RC voided deck)	Minor/major bridges, flyovers, curved bridges, skew crossings, underpasses.	Cast-in-situ on staging, scaffolding.	The structural arrangement is aesthetically pleasing. Usually adopted for urban flyover projects, situations where consideration of headroom is important.
	20.0 m - 35.0 m (For PSC voided deck)	Minor bridges, flyovers, curved bridges, skew crossings, interchanges, grade separators.	Cast-in-situ on staging, scaffolding.	
 <p>RC/PSC T-beam and RC deck</p>	10.0 m - 24.0 m (For RC T-beam and deck)	Minor/major bridges over streams, canals, rivers, ROB's, underpasses.	Cast-in-situ on staging, in most of the cases. In exceptional cases where casting on staging is difficult, prec.ast T-beam with RC deck is done.	The system is widely used for bridges in remote areas. The structural arrangement is aesthetically not very pleasing. Moreover it is difficult to control the quality of construction in these bridges since mostly the work is entrusted to local contractors with little/no exposure to quality works.
	25.0 m - 40.0 m (For PSC T-beam and deck)	Major highway/railway bridges, flyovers, underpasses, ROB's, bridges over deep gorges.	PSC girder is either precast in casting yard or cast-insitu. Deck slab is cast on staging erected from girder.	The system is widely used for bridges over major rivers, deep gorges, flyovers.
 <p>RC/PSC box girder</p>	20.0 m - 40.0 m For RC box girder)	Major highway/railway bridges, flyovers, underpasses, ROB's, bridges over deep gorges.	Cast-in-situ on staging, scaffolding.	The box girder is generally used for major bridges over rivers, flyovers. The structural form is aesthetically pleasing in appearance.
	25.0 m - 60.0 m (For PSC box girder)	Major highway/railway bridges, flyovers, underpasses, ROB's, bridges over deep gorges.	Cast-in-situ on staging or over centering truss. Alternatively precast in casting yard and launched in position using floating barges.	Most widely used structural form for major bridges and flyovers. In most of the situations cast-in-situ construction is followed. However, in recent times precast girders had been successfully adopted in few bridges.

There have been significant changes in the government policies and objectives as regards upgradation of transport network, in the past decade or so. The concept of achieving economy through acceptance of lowest bid and minimum use of construction material, has given way to a broader approach which includes:

1. Durability and serviceability
2. Quality
3. Life cycle cost

Typical work program for construction with 18.0 m precast pretensioned girder



Alternative work program for construction with 36.0 m PSC box girder spans

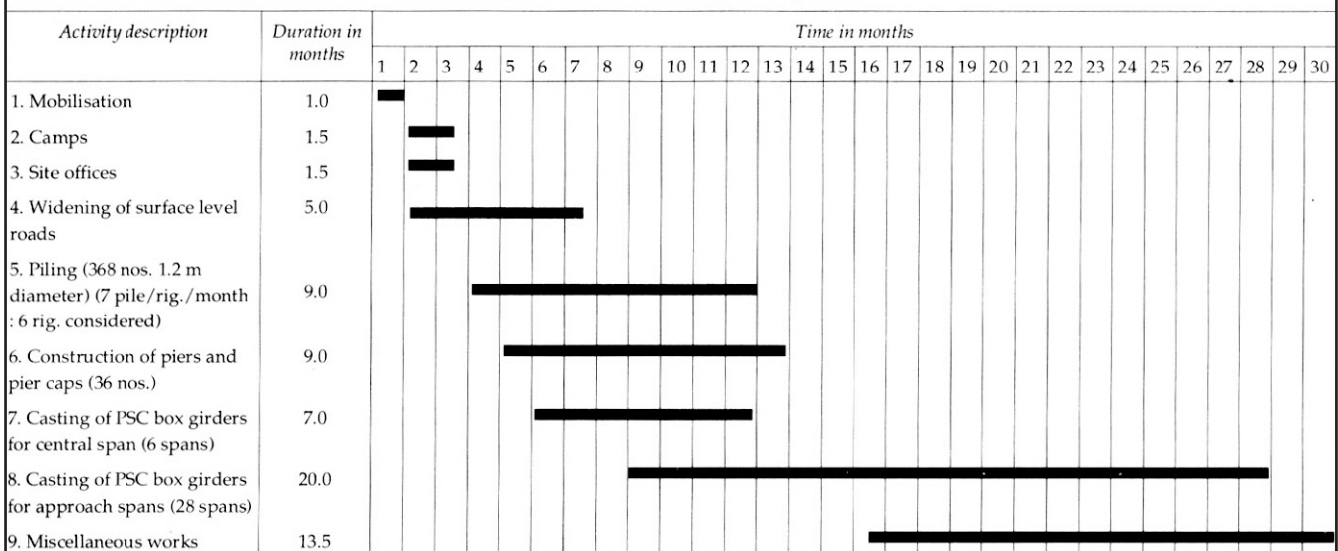


Figure 1. Work programme for flyover project in Delhi at a busy intersection

4. Ease of operation and maintenance
5. Visual impact of the structural form (Aesthetics)
6. Environmental impact

These trends have highlighted aspects such as standardisation, prefabrication etc. in the execution of bridge projects.

Recent applications of prefabricated girders

An innovative technique using precast pretensioned girder has recently been adopted for four flyover projects in Delhi^{2,3}. Precast, pretensioned factory produced I-girders of 18.0m span have been successfully used in these flyovers. The centralised factory for mass production of girders is located at

the outskirts of Delhi and is geared to produce about 100 girders a month. The adoption of precast pretensioned girders for these flyovers has resulted in considerable saving in cost and time of construction. It has also resulted in improved quality of construction with minimum hindrance to traffic during construction work. Structural scheme using precast pretensioned I-girders has also been adopted for a flyover project in Jammu (presently under construction).

Similar innovative superstructure schemes using precast pretensioned girders were also adopted for some of the railway bridges along the Konkan Railway route. The original design by the Railway authorities was for standard spans of 22.8 m (on centres of pier) with precast post tensioned girders. The contractor came out with an alternative design adopting pretensioning system with steam curing for the same span. The

Table 2. Summary of important data for proposed expressway between Delhi and Ambala

No.	Particulars	Major bridges		Minor bridges	
1.	Existing number of bridges	16		41	
2.	Total length of existing bridges	1,132 m		697 m	
3.	Total estimated length	1,318 m		903 m	
4.	Estimated cost with cast-in-situ proposal	Rs 518.2 million		Rs 234.5 million	
5.	Average cost/sqm of carriageway covered width of carriageway = 23.6 m	Rs 16,660/-		Rs 11,000/-	
		Using 20.0 m precast girders superstructure	Using 30.0 m PSC voided slab PSC box superstructure	Using 15.0 in precast girders superstructure	Using 22.0 m PSC voided slab superstructure
6.	Approximate number of spans	66	44	60	41
7.	Approximate number of foundations	82	60	101	82

pretensioning trough was designed in such a way that it could be dismantled, transported to other sites of works and re-assembled (a mobile precasting factory).

Adoption of such innovative system incorporating prefabrication and construction has resulted in saving in overall cost and time and also led to improved quality of construction.

Need for standardisation

Standardisation of design for small and medium span bridges, which constitute nearly 90 percent of the total bridging on highways would confer enormous benefits as regards the time and cost factor. Standardisation of engineering design using factory produced precast elements for these structures will not only improve the quality of construction (and therefore utility of structure), but would also result in speedy construction and early completion of the projects.

The need for standardisation of design using prefabricated girders arises out of the growing realisation among the engineering fraternity for faster and environmentally-friendlier construction and demand for higher quality of workmanship. The high quality of precast elements, cost effectiveness of mass production in factory environment and unquestionable aesthetic quality of the concrete makes it the material of choice for short to medium span bridges.

The principal advantage of construction with prefabricated elements over other forms of construction are as follows :

1. Prefabrication minimises the construction activity required on site and enables a substantial simultaneous progress in the construction of the substructure and superstructure reducing the overall construction period considerably.
2. The use of precast elements reduces the requirement for formwork and supporting falsework at site. Multiple use of custom-made forms leads to economy and enables a high quality steel mould to be used. This leads to high

quality of finish.

3. Quality control is likely to be more effective in a centralised unit rather than at site where concrete may have to be transported to considerable distance on roads and placed in structures which have been exposed to direct sunlight, drying winds and dust.
4. For construction on busy roads, the reduced construction activity at site due to precasting reduces the problems of traffic management during construction by a great deal.

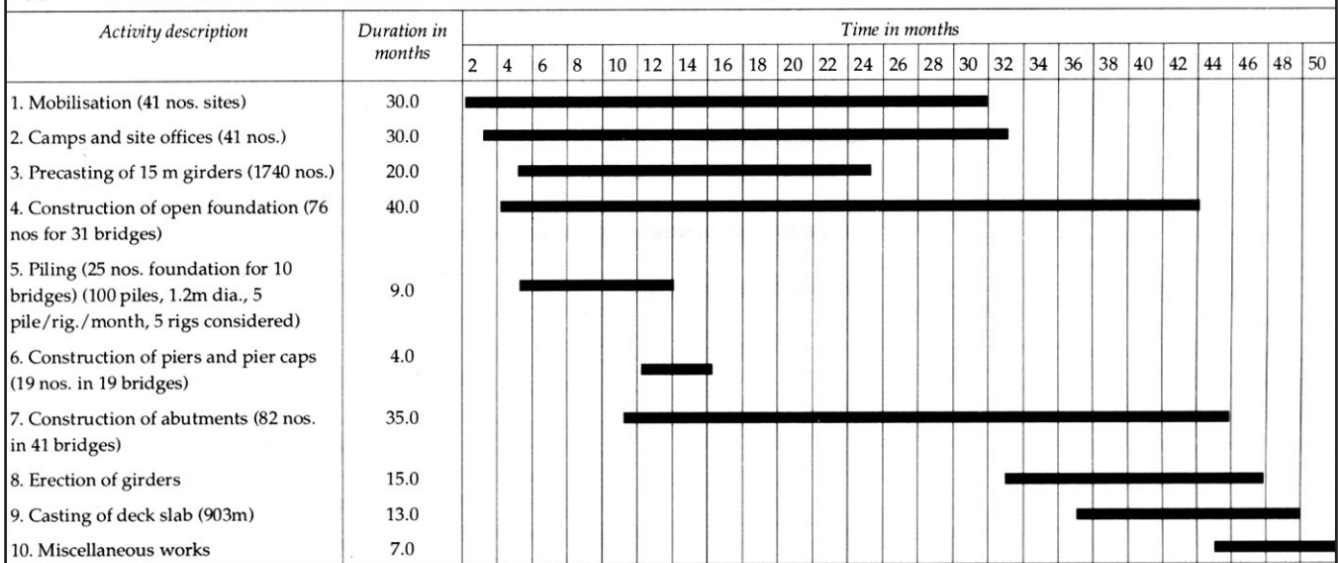
The precast elements can be either of reinforced concrete or prestressed concrete. In case of prestressed elements, stressing can be achieved by either pretensioning or post tensioning, or a combination of the two.

As it stands today in India, there is currently no standardisation of precast bridge products within the industry. Another important point to be noted is that there are no specific guidelines/recommendations/ provisions for the design and construction of pre-fabricated girders in the present Indian Roads Congress (IRC) codes of practices. In fact, there is no IRC code for pretensioned structures. Therefore, in absence of any relevant codal guidance for design of factory-produced precast elements, one encounters difficulties in implementation of project using prefabricated units. This is considered to be one of the prime reasons for restricted application of precasting technique in bridge industry till date. A step forward in this regard was taken by formulating guidelines for precast, pretensioned girders by consensus for four flyover projects in Delhi.

Some of the short-comings of IRC codes in this respect are:

1. The IRC:18-1985 is applicable only for post-tensioned structures. There is no similar IRC code for pretensioned and prefabricated post-tensioned structures.
2. Some of the recommendations given in the IRC special publication-33 are more appropriate for cast-in-situ, post tensioned structures and requires review for

Typical work program for construction of minor bridges with 15.0 m precast pretensioned girder



Alternative work program for construction with 22.0 m cast-in-situ spans

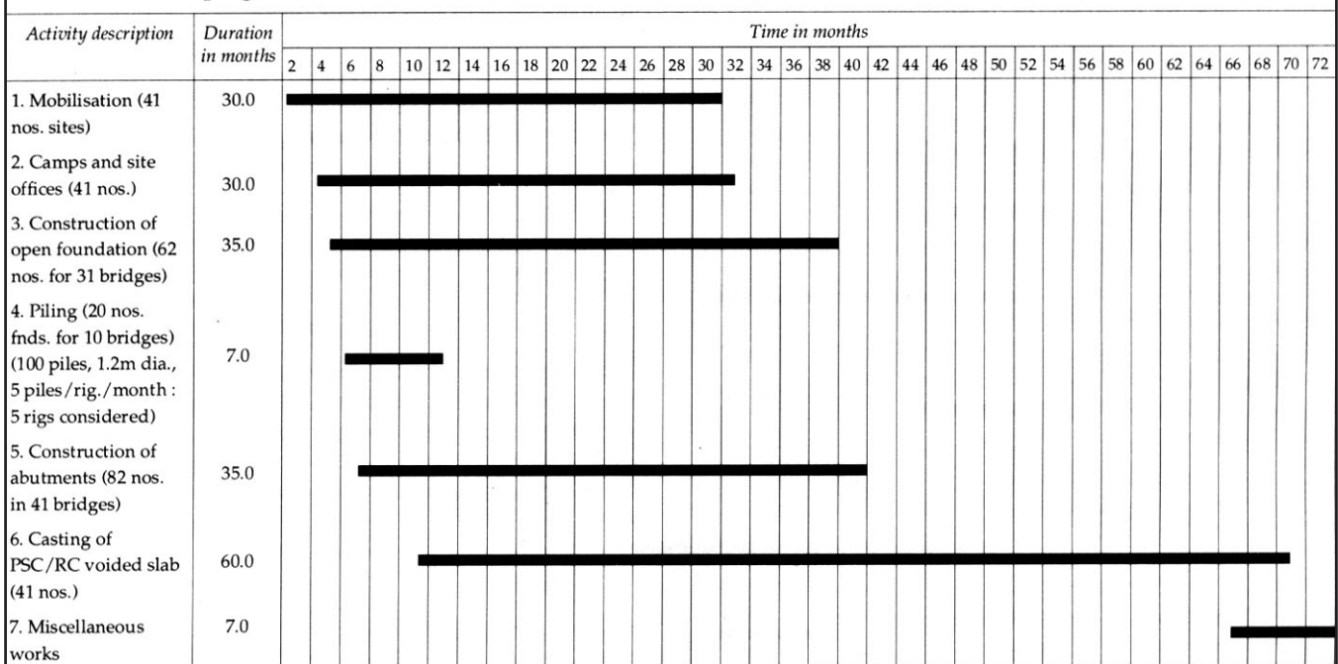


Figure 3. Expressway project between Delhi and Ambala

For precast, prefabricated structures, the above provisions need review from following consideration :

1. higher quality control which can be achieved in factory environment
2. for keeping the dimensions of prefabricated members as minimum as possible for ease of handling and transportation, keeping the durability and safety requirement into considerations.
3. for reduction in the time of construction period.

Hence, updating the IRC codes and other relevant documents

would be a significant step taken towards increasing the awareness of application of precast element in the bridge projects and also towards the growth of prefabrication industry in the country.

Post-tensioning of precast units

An advantage of post tensioning system is that the prestressing cable ducts can within reasonable accuracy, be located at the optimum position to control the stress over the full length of the beam. It is usual to provide a draped profile for cables. The provision of duct for post tensioning may however necessitate an increase in web thickness to provide for the required shear

Table 7. Salient features of practices of production of precast girder in Japan, UK, USA and Sri Lanka

Description	Japan	U.K.	U.S.A.	Sri Lanka
1. Material Properties Concrete Strength Selection of concrete strength & type of girder & construction procedure adopted	A concrete compressive strength of 49 MPa (7100 PSI) is used for pretensioned girder since a high degree of quality control is maintained at the prestressing plant, whereas a lower strength of 39 MPa (5700 PSI) is used for post-tensioned girder because these girders are produced at the job site. A compressive strength of 59 MPa (8500 PSI) or more is employed for factory produced post tensioned box girders.	One of UK manufacturer's bridge beams are cast with concrete of minimum characteristic strength 5MPa. High strengths upto 75MPa are available to meet special requirements. All beams are suited to composite action with in-situ concrete.	All precast concrete bridges built in the United States have concrete strength in the 34 - 4 MPa (5000 - 6000 PSI) range. Cast-in-place deck strength is specified as 24 - 34 MPa (3500 - 5000 PSI).	The characteristic cube strength of concrete for the type of beams mentioned is 40 - 41.4 MPa (5800 - 6000 PSI).
b. Prestressing Strand The choice is influenced by economy and span length.	Prestressing steel used for pretensioned girders is either 15.2 or 12.7 mm (0.6 or 0.5 inches) diameter low relaxation strand with an ultimate strength of 1860 MPa (270 KSI). A multi-strand or multi-wire system with fpu of 1620 to 1720 MPa (235 to 250 KSI) is used for post tensioned girders. For posttensioned girders, the standard practice in Japan is to use 12.7mm (0.28 inch) diameter multi-wire systems for girders with span lengths upto 27m (89 ft) and 12-12.4 mm (0.49 inch) multi-strand systems for longer spans.	Prestressing strand used in a UK manufacturer's precast beam is either 12.5 min or 15.2 mm , class 2 relaxation standard at a maximum initial force of 123 kN or 174 kN, respectively. Alternatively, 12.7 mm or 15.2 mm drawn strand at a maximum initial force of 156 kN or 225 kN respectively, can be used.	12.7 mm (0.5 in diameter strand are used almost exclusively for pretensioned girders, and 15.2 mm (0.6 in) diameter strands are often employed in post-tensioning applications . Research is underway at several institutions in United States to develop formulas for development and transfer Lengths of 15.2 mm (0.6 in) diameter strands in pretensioned concrete applications.	Prestressing steel used for the precast prestressed concrete girders is 5 mm diameter high tensile strength steel wires with characteristic strength of 1570 N/mm ² .
2. Design Concepts	Flexural design of prestressed concrete girders is primarily based on the working stress method with the flexural strength checked, similar to the approach taken by the AASHTO specifications.	A UK manufacturer's Standard Bridge beams designs are based on British Standard codes of practice and the extensive discussions with the main client bodies within the industry, principally the Department of Transport, the major local and country authorities, and British Rail.	Flexural design of prestressed concrete girders is primarily based on the working stress method with the flexural strength checked as per AASHTO specification.	The design of the standard precast prestressed beams on SRILANKAN/BS specification.
3. Live Loads on Bridge girders	Two different types of live load, namely TI. and TT Loads, are used to determine the Live Load effect on all highway bridges in Japan	These Standard bridge beams designed for 45 units of HB Loading from BS 5400 code.	The Live Load for standard precast prestressed beam is as per AASHTO specification.	These beams are designed for BS Live Loading.

costs. The Total Quality Management (TQM) culture is expected to permeate the design and construction industry.

References

1. _____ Design of Precast Prestressed Bridge Girders Made Continuous, NCHRP^o Report 322, Transportation Research Board, National Research Council, Washington D.C. Nov 1989.
2. Chakraborty, S.S. and Roy, B.C., Use of Precast elements in the construction of Delhi flyovers, 14th IABSE Congress Report, 1992.
3. VIJAY, P.B. and others, Loni Road Flyover in Delhi - An innovative approach for urban flyover construction, IRC Journal, Vol. 53-3, October 1992.
4. _____ Bridge Decks with Pretensioned Precast Beams, Technical Report, FIP publication, August 1978.
5. SASTRY, M.V., Some recent policy decision regarding execution of major bridge projects, IABSE seminar on Erection System, 1994.
6. TAKASI II YAMANE and others, Short to medium span precast prestressed concrete bridges in Japan, PCI Journal, Vol. 39, No. 2, March - April 1994.
7. _____ Bridge beams -Technical Bulletin for Precast Concrete, Costain Dow Mac, UK, Sept 1991.
8. _____ Drawings from Road Development Authority, Ministry of Highways, Sri Lanka.
9. LIN, T.Y. and BURNS, NED, H., Design of Prestressed Concrete Structures.
10. BALWANT RAO, B., Developments in design and construction of small and medium size highway bridges, IIBE Journal, Vol X111; Feb 1994.
11. _____ Standard Plans for Slab Bridges developed by Ministry of Surface Transport, Government of India.
12. DUNKER, K.F., and RABAT, B.G., Performance of prestressed concrete highway bridges in the united states - The first 40 years, PCI Journal, Vol. 37, No. 3, May - June 1992, pp 48 - 64.
13. LYNN GEREN, K. and TADROS, MAI IER K., The NU precast prestressed concrete bridge 1 girder series, PCI Journal, Vol. 39, No. 3, May-June 1994, pp. 26 - 39.

S.S. Chakraborty, Managing Director, Consulting Engineering Services (India) Private limited, 57, Nehru Place, New Delhi 110 009.

A. Bhowmick, Project Manager, Consulting Engineering Services (India) Private Limited, 57, Nehru Place, New Delhi 110 009.

P. Sivaji I'atro, Senior Engineer, Consulting Engineering Services (India) Private Limited, 57, Nehru Place, New Delhi 110 009.

(Source: ICJ October 1995, Vol. 69, No. 10, pp. 575-586)
